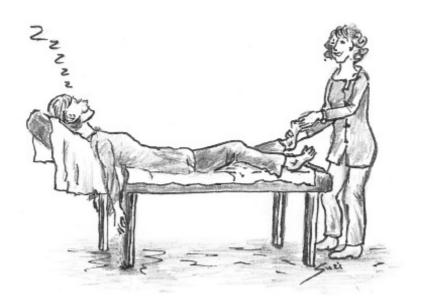
## **TWIGS May Report - Inner Health Outer Beauty**

I'm sure none of us were prepared for such an in depth presentation on the various treatments available to give us that all important 'feel good factor'! What an evening! We learnt all about the ancient art of ear candling, different types of massage including 'no hands' massage, reiki and reflexology to name but a few. Kathy certainly offers a wide repertoire of professional treatments and even demonstrated some of these on two lucky TWIGS members.

Many thanks to Kathy for such an amazing insight into her profession and to Rebekah for hosting this wonderful evening.



## TWIGS (Greatham WI) The Women In Greatham Socialising

We usually meet on the last Wednesday of each month at 8om in the Church Hall

Our next events are

## Summer BBQ – 21<sup>st</sup> July

(Please contact Christine for venue details)

Events may be subject to change - please check before turning up

If this is 'your kind of thing' why not come along for the evening... you don't have to already be a member...just give **Christine** a call on **01428 712593** (we know that's not a Greatham phone number ... you don't have to live in Greatham to join in the fun!)

We look forward to seeing you